

Awareness & Education Action Team Meeting May 14, 2019, 8:30 - 9:30 AM Community Senior Center 117 E. Central St., Natick

Total Attendees (13)

Attendee	Sector Membership	Agency / Organization
Astrid Dretler	NTY Staff	Natick Together for Youth
Jennifer Garb-Palumbo	School	Natick Public Schools
Officer Elizabeth Heffler	Law Enforcement	Natick Police Department
Sarallyn Keller	Religious/Fraternal Organization	First Church Natick
Michelle Marotta	Civic/Local Group	SPARK Kindness
Lauren Meurer	State/Local Government	Recreation & Parks
Jacquelyn Peck	Other organization involved in substance abuse prevention	SMOC
Deb Sayre	Youth-Serving Organization	Kids Connect
Hayley Sonneborn	Schools	Natick School Committee
Catherine Sugarman	NTY Staff & Executive Board Member	Acting Director, Natick Together for Youth & Town of Natick Opioid Task Force
Maria Trofimow	Student	Natick Together for Youth Intern
Denise Twiss	Schools	Natick Public Schools

Kim Whelan	Student	Natick Police Department Intern

AGENDA:

- 1. Citizens' Concerns
- 2. Announcements and Upcoming Events
- 3. Development of new coalition identity
- 4. Coalition Member Survey
- 5. Awareness and education priorities Fall 2019
- 6. Summary and next steps

Agenda items will be addressed in an order determined by the chair.

Next coalition meeting: June 12, 2019, 8:00 - 9:30 am

Topic	Discussion	Action Items / Decisions
Introductions	Members introduced themselves	
Citizens' Concerns	"Citizens Concerns" is a town open meeting law protocol so this will now be integrated into future NTY meetings. It provides a period not exceeding 15 minutes during which time any individual may voice an opinion or concern on any Natick Together for Youth-related issue that is not on the agenda.	
	Citizens' concerns: It was posted by a mother on the Natick Mom's FaceBook page yesterday that her 22 year old son went missing in Natick. He was receiving services at the Leonard Morse Hospital; he checked himself out and has not been seen for days. The post brings up a concern about whether town organizations such as Natick Together for Youth or SPARK Kindness have an obligation to weigh in or how to reach out to offer support. There are privacy concerns but social media makes these scenarios more public and raises community awareness (the family of this individual is publicly seeking support from the community.) The Natick Police Department shared this information online as well. Sonia Wagner, a clinician based at the Police Department (Jail Diversion Program Clinician) and Lt. Cara Rossi may be appropriate resources in such situations. Katie will reach out to Lt. Rossi to see if NTY should reach out to offer support and resources to the	

family. We may need to develop guidelines on what issues/situations warrant a response from the coalition (or Katie, directly).

The town is developing a "resource telephone line" that would be used to do quick intake and referrals to services. It would be based out of the Community Senior Center; it would provide data on what types of calls come in and what types of services are being sought by residents.

Vaping Diversion Program - this program is being run at Natick High School by Judy Oxford. The second 4-week session has recently started. Students who have been caught vaping on school property are referred to the program. The previous session ran in March and was thought to have been successful. The question is: are we addressing vaping early enough at the middle school level? Eighth graders are definitely using e-cigarettes. There is a huge difference between grades 5-7 v. 8th graders in terms of both knowledge and use. The health curriculum needs to be revamped. The students do not retain information being given by health teachers - outside speakers and the School Resource Officers make more of an impact. There is no health education offered to 7th graders - this is a huge missed opportunity to continue educating our youth regarding substance misuse and healthy decision-making. SBIRT screening of seventh graders now includes a question about e-cigarette use/vaping. The Natick School Superintendent Dr. Nolin wants to do a health curriculum review and is also interested in implementing a vaping diversion program at the middle schools. The UMass Medical Center program being piloted at NHS includes protocols for how to help teens quit nicotine use; it is focused on cessation, not prevention. It was mentioned that we need to "safety proof" our youngest kids, encouraging them to place value on themselves as a way to reduce future risk-taking behaviors and to gain self-awareness. Life Skills Training is a strong curriculum that involves these components. It is important not to just implement punitive measures but to get kids to understand how to make amends with those you have harmed by your infractions (including yourself) i.e. restorative justice. This takes a lot more effort than punishments, but the payoffs in the end are far greater.

Announcements & Upcoming Events

APP- The After Prom Party committee is still looking for volunteers to help set-up and run the night.

Next Joint Coalition Meeting- The next combined meeting with the Awareness and Education, Steering, and Opioid Task Force is on June 5th from 5-7pm in the HELM Auditorium at Leonard Morse Hospital in Natick. The **Community Champion Award** will be given out at this meeting. We will also recap the year in review as well as discuss plans for the upcoming year.

Hidden in Plain Sight- Natick Together for Youth will be participating in Hidden in Plain Sight again this September after Natick Days at the Natick Mall. To prepare for this event, the Awareness and Education Action Team will be meeting a few times over the summer (June & Aug). Other neighboring communities are interested in co-sponsoring the event with us. The next meeting is June 12th at 8:00 am at the Community Senior Center.

Please email Shirley Tourmayan Miller if you are interested in helping with the APP.

Please fill out the Community Champion Award nomination form.

	SPARK Kindness - 5/14/19 - will be sponsoring a program tonight at the Morse Institute Library Liebowitz room. The presentation will feature co-authors Jessica Kensky and Patrick Downes, a married couple who were both injured during the Boston Marathon bombing in 2013. They will be joined by the star of their book and ASPCA Dog of the Year, RESCUE! Learn about the role of service dogs to help people with physical disabilities and the amazing things that people and dogs can accomplish together through hard work, perseverance, and partnership. The Teen Center will be hosting an open house during the week following the last day of school (6/17-20) for rising 6th graders. The open house will run from 10 am-2 pm.	
Development of new coalition identity	There is a subcommittee working on the development of the brand and tagline of the new coalition. This will be talked about more at future meetings.	
Coalition member survey	The coalition member survey is being developed by Katie Sugarman and Astrid Dretler and will be sent out to all coalition members. The survey will focus on organizational structure and logistics, member satisfaction and qualitative experiences, and preference for topics for future learning.	
Awareness and education priorities Fall 2019	The Awareness and Education Action Team will be participating in Hidden in Plain Sight in the Natick Mall again. NTY will have a presence at RedHawk Fest in late August. There will be a few meetings over the summer to plan.	Please email Katie Sugarman if you are interested in helping to organize or to volunteer.
Next Steps	Next meeting: Wednesday, June 12th, 8:00 AM at the Natick Community Senior Center.	